

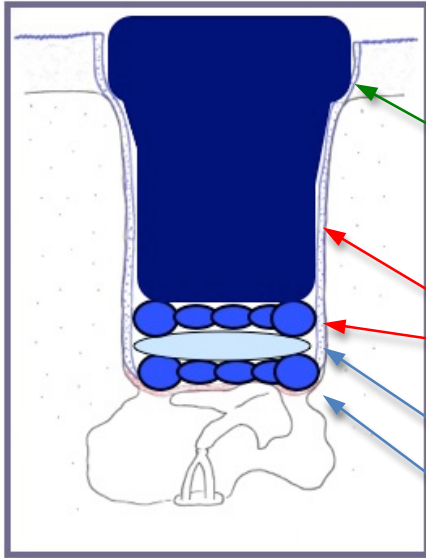
# CALIFORNIA EAR INSTITUTE

Palo Alto

CaliforniaEarInstitute.com | AtresiaRepair.com

Name:

Surgeon: Dr. Roberson



## **Visit #1 Post-op day 1-2**

Surgical dressing removed, check to ensure packing is in correct place

## **Visit #2 1 week Post-Op**

Ambrus Sponge trimmed ~5mm from lateral edge

Sponge in canal should remain until visit #3, call office if it comes out prior to this appointment

Sutures of Telfa at skin graft donor site removed (Okay if it falls off on its own)

Start antibiotic ear drops twice daily

Okay to shower and wash hair but canal must be kept dry for 8 weeks

## **Visit #3 2 weeks Post-Op**

Remove Ambrus Sponge as well as Gelfoam packing up to Silastic disc

Continue antibiotic drops twice daily

## **Visit #4 3-4 weeks Post-Op**

Remove Silastic disc and remaining gelfoam

Make Azoft mold if skin lining canal and TM appear healed. Mold to be worn every night for the next 4 months. Use drops before mold is placed at night

***Every patient's healing process is different. Therefore, there may be times that we recommend deviating slightly from the schedule. If you or your medical provider have questions, please do not hesitate to contact us.***

### **Important Tips and Reminders for the Recovery Process:**

- Skin Graft Site: Cover area with antibacterial ointment after Telfa is off until healed at 14 days
- Canal should be kept dry for the first 8 weeks after surgery. A small amount of Vaseline applied to a cotton ball and placed in canal is one method for keeping it dry. Tape over cotton ball may be necessary, especially while packing remains in canal. Water exposure can be initiated when full epithelial coverage of the ear drum and canal is complete, as determined by a local ENT.
- Video and instructions on how to make the Azoft mold can be found at [AtresiaRepair.com](http://AtresiaRepair.com)
- Please send photo updates of the canal to [atresiarepair@calear.com](mailto:atresiarepair@calear.com). 1 month and 4 months after surgery or anytime you notice a change in appearance, signs of infection or canal narrowing
- Audiogram should be performed at 4 months after surgery (please send results by fax or email to [atresiarepair@calear.com](mailto:atresiarepair@calear.com))
- Follow up cleanings are required 1-4x per year, as determined by a local ENT with otomicroscopic examination capabilities. This is for the long-term health of the new canal.
- Following Medpor reconstruction, please make an appointment to return to CEI to have a new mold made before returning home.

[californiaearinstitute.com](http://californiaearinstitute.com)

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